



RAGNAR ROTTERDAM
 STUDENTEN ZWEM-EN WATERPOLOVERENIGING

Newsletter 1

Summery

Preview:

NSZK Utrecht, Viking food + Viking workout, NSWK Rotterdam, Wave winter

Review:

Ter Apel, NSWK I, KNZB competition teams, Mini Competition & Welcomes Drink, Constitution Drink

General:

Introduction XXVIII Board, Vikings Stories

Calender

Activity	Date	Location
NSZK I	21 October	Utrecht
Viking food + Viking workout	1 November	
NSWK II	26 November	Rotterdam
NSZK II	9 December	Amsterdam
WAVE winter	6 & 7 January	Delft

Preview

NSZK I Utrecht

The first NSZK is coming up and 50 Vikings will be descending on Utrecht. On the 21st of October, our great Vikings will go to war there to get as many points (both in swimming and in integration) as possible.

Viking food + Viking workout

The rainy season has started to kick in again, days get shorter and nights get longer, thus, it is time to start saving up for hibernation! Meening, it is time to get Sparerib-packed on the 1st of November! Details will follow later, but save your time inbetween the swimming and water polo practice! After "Viking Food" a little tournament will be held during the wednesday training at the 1st of November. Come and join us after eating (swimmers included) to end the nice evening with some great matches!

NSWK II Rotterdam

ATTENTION ALL VIKINGS! The 26st of November another NSWK will be hosted, but this time in ROTTERDAM!!! Make sure to put this on your agenda, so we will be able to crush the competition!

NSZK II Amsterdam

After the first NSZK, the second NSZK will be just around the corner, held on the 9th of December in Amsterdam. Save the date!

Wave winter

Vikings, I know the summer tournaments are over, but don't be sad! Our first tournament of the season is upon us on the 6th and 7th of January! Wave winter in the lovely town of Delft will be our first tournament destination. So save the date for water polo matches combined with partying 'till you die!

12 October 2017



Picture by Stefan Vermeer

Review

Ter Apel

This August the Vikings went to the far far Groningen to show them what we can do. With a men's and ladies' team we played water polo matches at the Ter Apel tournament. Even though, the Vikings did not come home with a price, we showed Ter Apel what Ragnar does best: creating a party! Two nights in a row our vikings showed their best dance moves, but still playing water polo like stars the day after. Even though the tournament season is over, we can all start looking forward to the first tournament of the year!



NSWK 1

At the 1st of October our vikings went off to Amsterdam to defend their titles. Here, many of our new vikings showed off their newly obtained water polo skills, and what a fine job everybody did! For the second team only Jaws was too strong for them. However, our first team showed us how to slay the Sharks TWICE! This enabled the second team to place first in the rankings of the NSWK. After a whole day of matches our vikings were very hungry. Therefore, the pizza afterwards was a gift from heaven above! All in all, it was a fun day for Ragnar!

KNZB Competition teams

The season has started and our newly subscribed teams began to show off their skills around Rotterdam. The men have won all their matches and are off with a great start! Furthermore, the ladies have won all there matches except one, which resulted in a tie. All in all, we can proudly say that both teams dominate the first place in the rankings and are up to battle more teams for the championship! Will they be able to keep up this level? Let's hope so! To help the teams, feel free to come an cheer them on!



Mini Competition & Welcomes Drink

The 28th of September, we held a mini competition during practice. It was a great success. Our swimmers had a lot of fun. Now everybody knows what to expect at the NSZK. After all that swimming, the (53!) Vikings really needed some time to relax again. Together, they went to “de Kerk” where they were welcomed by our beloved Bingo-Viking. The Bingo-Viking let us play a hell of a bingo, including many very-fast bingo moments, and the most amazing presents were won that night. However, there was this one Latina-Viking who had some trouble keeping up with the numbers. But don't be sad, every cloud has a silver lining: Now all our baby-Vikings know what a Bingo Bitch is for. All in all, we had a great night which ended, as always, in Vrienden Live!



Constitution Drink

Last Friday, Ragnar celebrated the new board at the constitution drink at RSG. The board got a lot of shots and other beverages and, yes, some were utterly disgusting. Luckily for us, we also got very many nice cakes (shout-out) and many other boards and Ragnar members told us their best stories (shout-out 2.0)! Before we continue, thank you so much for all of that! Also, it was great to see so many members at RSG and, afterwards, at Vrienden Van! Even though no one fell of the bar, it was still an amazing night filled with dances and a lot of romance ^^



General

Introduction XXVIII Board

The 29th of September the 28th Board of Ragnar was installed. But who are those weird people who are always hanging around the swimming pool with their cheesy board shirts? Here's a brief introduction.



Diederik Hartog - Chairman

Hello lovely vikings, I have been a Ragnar member for almost a year and as you are reading this, you made the wise decision to become part of our family. You may also know me as part of the couple Hartog-Jan. I am currently a second year business student at the Rotterdam School of Management of the Erasmus University. Next to that I signed up for the double bachelor degree programme philosophy but I am not sure if I already dropped out once you read this... I was born in Leiden, and lived in Oegstgeest (O'Town) till I moved to Rotterdam. I am a water polo player from origine and started playing when I was 6 years old at a local club called Vivax. Furthermore I am really looking forward to show the other associations how good vikings can swim/play water polo. I will be a bit more competitive during tournaments than other vikings (except Bart) since I don't like losing. My goal for the year is to help every single viking to have a awesome/epic year. Excluding bar drops for the rest of the year is a personal goal. I do love gossips, so if you know something, please tell me. It would be a shame if a gossip stays unknown for all your fellow vikings! The only thing I would like to say to you, is that a 'ruggengraat' is overrated, just have 'one beer' with your fellow vikings and nothing will stop this year from being an awesome year!



Jan Smelik - Secretary

Hi ya'll,

My name is Jan and I will fulfill the function of Sexytaris this year. I have been playing water polo since I was thirteen and I started swimming recently. You may think: "Wow, if you started water polo at the age of thirteen, you must be really good at it!". I'm not, sadly. I wonder what I've done all those years.

Why doing a board year? Well, Ragnar is not only an association for swimming and playing water polo. Ragnar has some outstanding drinkers and that is where my talent lies. Marjolein will do the swimming part this year, Brenda the water polo part, I will proudly take care of the drinking part.

Of course there is more besides drinking. Being hangover for example. But life is not only partying, I also study a lot. The ambitious choice to not only study Economics but also Law, makes me spend a lot of time in the UB. The librarians know me almost as well as the Smitse bar staff.

Finally, music plays an important part in my life. Mind you I am not referring to the empty noise played at a random club. I mean real music. I can bore you for hours with the music I play and listen, but I'll save you that. For now.

Looking forward to this year full of Ragnar<3

Cheers, Jan



Michelle Lemmens - Treasurer

Dearest Vikings,

My name is Michelle and I will be your treasurer this year. I am 20 years old and I study Econometrics just like last year's treasurer and the treasurer of the year before (coincidence?). I am born and raised in a little village, called Beek, in the always sunny south of the Netherlands. This is also the reason why I speak with a 'soft G'.

I started swimming when I was six years old, and I still do it with a lot of fun. When I moved to Rotterdam, I wanted to keep swimming. So that's when I became a member of Ragnar.

There's one last thing I want to say: I hope to see lots of you at the NSZK in Maastricht later this season, so I can show you this beautiful city and we can eat a 'frietje zoervleisj' together (something you can only eat in the south of the Netherlands).

We are going to make a great year! Love, Michelle



Marjolein Simonis - Swimming Commissioner

Hi lovely Vikings! My name is Marjolein Simonis. I am 21 years old and I study Human Movement Sciences in Amsterdam (Yes, I know). I was born in a very small farm village Maurik. At 11 years old, my parents decided to move to Hoevelaken, where they still live. I decided to move to Rotterdam to live with my BF, so here I am. In middle school, I had to decide between swimming and dancing, and choose dance (wrong choice...) When I moved to Rotterdam I couldn't find a good dance school, so I decided to start swimming again. As swimming commissioner, I hope to be able to help you all to swim faster and more efficient.

Brenda Bos - Water polo Commissioner

Hello, let me introduce myself. I am Brenda Bos, the new water polo commissioner and I am 19 years old. I come from the lovely area called twente and IK KOM OET HENGELOOOO! Last year I moved from the lovely Hengelo to the buzy Rotterdam to study the international bachelor in business and economics. I will never say no to a party and the best beer is of course Grolsch! My favourite sport is water polo (shocker) and I have been playing it for about ten years now. Next to that do I hate cooking and I mostly have a strong opinion (or so I am told). This year I hope we will make it a spectacular for all vikings and may I see you all at the water polo practises!



Daphne Moors - Activities Commissioner



Hi Vikings!

Some know me already, some not. Either way, here comes my best try to introduce myself, so everyone knows me at least a little bit! I am Daphne Moors, 19 years old and I am a second year IBEB student. As maybe suspected already, I love playing water polo, and swimming is also quite OK. Besides that, don't bother asking me whether I join going out. The answer is "yes", always. "Never miss a chance to dance", as the dancing society's motto goes. I know this, because I am a member there, too, and on Mondays I gladly trade my swimming goggles for hip-hop sneakers.

I think this covered all the most important bits. I am really excited for upcoming year and let's just make the most of it!

Kisses, Your Activities Commissioner

The Viking Stories

Prologue

Dear children, let me tell you a little bedtime story. Tug yourself in, make yourself as comfortable as possible and listen well. This is a story about two birds, a big one and a small one. They were neighbours and friends. Both of the birdies lived in their little bird houses with their wives. The two friends lived a peaceful life. In the morning they went to work and they came home for dinner. After dinner, they did the dishes and watched some telly before going to bed early. Everything was nice and quiet. Until one day, the birdies flew into a group of other birds. For now, let us call this group Ragnar. A seemingly wise couple stepped forward and began to tell the two friends some stories, some Viking Stories. The two found the stories utterly disturbing and they fled home to their wives.

That night, our big and little bird could not fall asleep. The words told played as movies in their minds. What they were told, you might ask? Well, I won't go into detail, but the stories concerned parties, kissing, booze and even sex. You can imagine that this was rather shocking for the bird friends. But, it got them thinking; weren't they missing something? The following morning the big bird said to his small friend: "shouldn't we try it some time? Shouldn't we join that group called Ragnar? What if we sneak out of our houses and go party with them?". His friend responded: "I'm not that kind of stunt pilot, I'm too afraid to do such a thing." At the same moment the two birds from Ragnar flew by. They had heard the conversation and said: "Come on, one drink!". For a brief moment, the big and the small birds looked at each other. They never had been exposed to such kind of peer pressure and lacked of back bone. After a little resistance they gave in. So it happened.

That night, they sneaked out of their houses and joined the Ragnar gang. What an evening it was. Finally freed from their chains, they could start living their lives! They drank, they sang, they danced and they partied. Although our big bird had some difficulty getting the hang of it, his small friend even managed to score some nice kisses and more. The morning after the magnificent party, he found himself next to a beautiful lady called Wetyes and his dignity nowhere to be found.

After this evening the birds broke up with their wives and became a real part of the Ragnar gang. They lived happily ever after.



Chapter 1: The calm before the storm

So, dear Vikings, here we are again. A new year has started and a lot of newbies came aboard of the Viking ship. Since our beloved Gossip-Queen ditched us and moved to the other side of the world (still love you Alicia³), your favourite couple has the honour to inform you about all the awkward stories and gossips, because an awful lot happens in this world full of temptations.

After the last tournament, there were weeks of silence. Our Vikings had drawn themselves back in their peaceful elderly homes. But winter is coming. And nobody is safe.

Before the season started, one veteran Story Writer a.k.a. 'Sterfmans' hosted a party. During the party, many enjoyed a few of the generously mixed cocktails. For some, it didn't stop after 'a few' and they got caught up in a game of beating the odds. This resulted in our Stunt Pilot playing the Bagatella no. 25 in A flat! It probably sounded better for the musicians than for the spectators. However, one viking wasn't able to attend this performance. He was on a mission to find a place to rest his head. But his quest ended prematurely, because our adventurer wasn't able to move the feared blue box. The rest of his evening would remain a big Questionmark.

Five days later, 21 Vikings, all covered in blue, were brave enough to go north of the wall. The results in the water were poor but three lovely vikings found themselves a wilding to help them forget about the dreadful performances. While the night was dark and full of terror, our Pauwerfrau was even able to find herself a wildling keeper, to keep her warm. Luckily all our vikings were able to return safe south of the wall, ready for a year full of adventures.

And then the season started. Some may say it is the calm before the storm, because the first few weeks passed and you gave us nothing. Nothing at all. No bar fights, no sexy time, no nothing. Perhaps the quietness is due to abstention of some of our veterans. MaxiMol keeps himself quiet, Sexylexie is nowhere to be found and our Marks have lost their games. Luckily there's one who knows how hard it is to have nothing to write about, as he is an old Viking Story Teller. Always thinking about others, he looked around and his eye fell on a beautiful young, new Viking. After a nice conversation in Friends From they both went home. Accidentally, the youngster ended up on the doorstep of our casanova and I guess they found it was easier to have a sleepover at his place. But despite his best effort, the morning newspaper wrote: 'nothing has happened'. Really, this is what they've told us. Liars.

So, with nothing for the Stories our board got nervous and took matters into their own hands. The night before their installation, ms. Forest placed herself in horizontal position on the bar and handed out free booze out of her belly button! As an economist, she must have seen the correlation between alcohol and escalation. Unfortunately, the escalation ended up at the wrong person. Our very own chairman was just being happy and dancing around, when some sort of magic spell put him on top of the bar! Not knowing what happened, he fell down and injured himself badly.

A new board also means it's time for a Cobo. The party took place at RSG and many brothers and sisters from other associations were able to celebrate the constitution with our fellow vikings. Despite the presence of the guests, our vikings were more interested in each other.

A new viking girl has had a hard time making up her mind since she joined Ragnar. However this night, she wasn't able to resist the dance moves of our fastest viking alive. But although he is known for his speed, he wasn't the first viking to catch a lovely lady that night. A new viking was able to beat him with a MAXimal result, he took the MOST out of it. He was able to catch a lost Wageninger Beauty in the middle of our Viking presence. But her night didn't end there. Lost as she was, she had problems with finding her way in our beloved Friends From. Luckily help came from an 'unexpected' side. Our Stunt Pilot was so lovely to re-perform his show from a few weeks ago, now life on stage at Friends From. But the performance didn't end at Friend From... Stunt Pilot now learned that the show must go on! Our newly installed board saw all this people having so much fun, and ms. Forest couldn't stay behind. She fell for the muscularity of the Back-up Sexylexy himself.

For now, everything is still okay, but the nights are getting longer and winter is coming.